

## **Trail Run Series**

### **Tennessee Valley, Mill Valley - Rhubarb Trail to Tennessee Valley**

This weekend we're going to run in southern Marin starting at the Rhubarb Trail and hooking up to Tennessee Valley Road to the beach and back. Total distance is about 5.2 miles. Give or take 😊

As is inherent with most trail running, at least in this part of the county, you'll have rolling hills, some climbing and some delightful downhill running.

There are bathrooms at the top of Tennessee Valley Road and out near the beach but no water fountains.

It's Northern California and our beaches can be chilly – be prepared with layers.

How to get there:

- Take Highway 101 South
- Take the Stinson Beach, HWY 1 Exit
- Turn left at the stop light off the freeway(Shoreline Highway)
- Turn left at Tennessee Valley Road
- Follow Tennessee Valley Road for a mile or so, the Rhubarb Trail is a half mile past the Tennessee Valley Community Center on the right-hand side of the road
- Parking is available on the side of the road by this and the Oak View Trail across the street